

by National Wildlife Federation

Keystone Native Plants Eastern Temperate Forests - Ecoregion 8

Native plants have tight relationships with wildlife, formed over many thousands of years, providing natural sources of food, cover and places to raise young. Without healthy native plant communities, wildlife cannot survive. Every ecoregion has different native plant communities.

Keystone plants are native plants critical to the food web and necessary for many wildlife species to complete their life cycle. Without keystone plants in the landscape, butterflies, native bees, and birds will not thrive. 96% of our terrestrial birds rely on insects supported by keystone plants.

There are two types of keystone plants:



😿 Host plants that feed the young caterpillars of approximately 90% of butterflies and moths (Lepidoptera).



Plants that feed specialist bees who only eat pollen from specific plants. Keystone plants for native bees feed both specialist and generalist bees.

Entomologist Dr. Doug Tallamy, and his University of Delaware research team have identified the keystone plants that support butterfly and moth species. Native host plants of pollen specialist bees were researched by pollinator conservationist Jarrod Fowler.

Top Keystone Plant Genera in Eastern Temperate Forests - Ecoregion 8

A genus is a taxonomic category of plants that contains one or more species of plants with similar characteristics. Species within each genus have adapted to local conditions and are the appropriate native species or varieties suited to a specific ecoregion.

Plant Type	Plant Genus	Sample of Common Species (not all encompassing)	# Caterpillar Species that Use this as a Host Plant	# of Pollen Specialist Bee species that Rely on this Plant
Trees	Quercus	White oak (Quercus alba), Black oak (Quercus velutina)	436	
	Prunus	American plum (Prunus americana), Black cherry (Prunus serotina), Chokecherry (Prunus virginiana)	340	
	Betula	River birch (Betula nigra), Sweet birch (Betula lenta)	284	
	Populus	Eastern cottonwood (Populus deltoides)	249	
	Acer	Box elder (Acer negundo), Silver maple (Acer saccharinum), Sugar maple (Acer saccharinum)	238	
	Malus	Southern crabapple (Malus angustifolia), Sweet crabapple (Malus coronaria)	237	
	Carya	Bitternut hickory (Carya cordiformis), Pignut hickory (Carya glabra), Mockernut hickory (Carya tomentosa)	213	
	Pinus	Pitch pine (<i>Pinus rigida</i>), Eastern white pine (<i>Pinus strobus</i>), Virginia pine (<i>Pinus virginiana</i>)	200	
Shrubs	Vaccinium	Northern highbush blueberry (Vaccinium corymbosum), Black highbush blueberry (Vaccinium fuscatum), Hillside blueberry (Vaccinium pallidum)	217	14
	Salix	Prairie willow (Salix humilis), Black willow (Salix nigra)	289	14
Flowering Perennials	Solidago	Stiff leaf goldenrod (Solidago rigida), Atlantic goldenrod (Solidago arguta)	104	42
	Symphyotrichum	Blue wood aster (Symphyotrichum cordifolium), Smooth aster (Symphyotrichum laeve)	100	33
	Helianthus	Woodland sunflower (Helianthus divaricatus), Small woodland sunflower (Helianthus microcephalus)	66 🔐	50

Rudbeckia	Black-eyed Susan (Rudbeckia hirta), Green-headed coneflower (Rudbeckia laciniata)	20	29
Heterotheca	Camphorweed (Heterotheca subaxillaris)		24
Grindelia	Curlycup gumweed (Grindelia squarrosa)		31
Chrysopsis	Maryland golden-aster (Chrysopsis mariana)	5	20
Coreopsis	Lanceleaf coreopsis (Coreopsis lanceolata), Large flower coreopsis (Coreopsis grandiflora)	7	22
Bidens	Devils's beggartick (Bidens frondosa), Small beggartick (Bidens discoidea)		15
Verbesina	Wingstem (Verbesina alternifolia)	20	17



Top 30 Keystone Plant Genera for Butterfly and Moth Caterpillar

Genus	Common Plant Name	# of Caterpillar Species that use this as a Host Plant
Quercus	oak	436
Prunus	almond, apricot, cherry, peach, plum	340
Salix	willow	289
Betula	birch	284
Populus	aspen, cottonwood, poplar	249
Acer	maple	238
Malus	apple	237
Vaccinium	blueberry, cranberry, deerberry	217
Carya	hickory	213
Pinus	pine	200
Alnus	alder	173
Ulmus	elm	164
Picea	spruce	132
Tilia	basswood	132
Crataegus	hawthorn	131
Rubus	blackberry, raspberry	127
Juglans	walnut	125
Fraxinus	ash	121
Fagus	beech	116
Castanea	chestnut	115
Abies	fir	112
Larix	larch	110
Corylus	hazel	108
Solidago	goldenrod	104
Myrica	bayberry	103
Rosa	rose	102
Symphyotrichum	aster	100
Cornus	dogwood	98
Tsuga	hemlock	92
Amelanchier	serviceberry	92



Top 30 Native Host Plants for Pollen Specialist Bees

Genus	Common Plant Name	# of Pollen Specialist Bee Species Relying on this Plant
Helianthus	sunflower	50
Solidago	goldenrod	42
Symphyotrichum	aster	33
Grindelia	gumweed	31
Rudbeckia	black eyed susan	29
Heterotheca	goldenaster	24
Coreopsis	tickseed	22
Chrysopsis	goldenaster	20
Verbesina	wingstem	17
Bidens	beggartick	15
Cirsium	thistle	15
Salix	willow	14
Vaccinium	blueberry, cranberry, deerberry	14
Erigeron	fleabane	12
Vernonia	ironweed	12
Pityopsis	silkgrass	11
Ratibida	prairie coneflower	11
Silphium	rosinweed	10
Baccharis	baccharis	8
Euthamia	goldentop	8
Dalea	prairie clover	7
Oenothera	evening primrose	7
Echinacea	coneflower	6
Gaillardia	blanketflower	6
Balduina	honeycombhead	5
Helenium	sneezeweed	5
Heliopsis	heliopsis	5
Pectis	chinchweed	5
Cornus	dogwood	4
Lyonia	staggerbush	4